

Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: JACKSONVILLE SCHOOL DISTRICT 117 School Name: DISTRICT ASSESSMENT (All schools: JHS, JMS, EY, Crossroads, Eisenhower, Lincoln, Murrayville, North, South, Washington)

Date Completed: 3/19/21 Completed by: Joyce Hiler, JSD117 Food Service Director

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

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|---|---|---|
| <input checked="" type="checkbox"/> Goals for Nutrition Education | <input checked="" type="checkbox"/> Nutrition Standards for School Meals | <input checked="" type="checkbox"/> Wellness Leadership |
| <input checked="" type="checkbox"/> Goals for Nutrition Promotion | <input checked="" type="checkbox"/> Nutrition Standards for Competitive Foods | <input checked="" type="checkbox"/> Public Involvement |
| <input checked="" type="checkbox"/> Goals for Physical Activity | <input type="checkbox"/> Standards for All Foods/Beverages Provided, but Not Sold | <input checked="" type="checkbox"/> Triennial Assessments |
| <input type="checkbox"/> Goals for Other School-Based Wellness Activities | <input checked="" type="checkbox"/> Food & Beverage Marketing | <input checked="" type="checkbox"/> Reporting |

Part II: Goal Assessment

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Education				
Part of District’s comprehensive Health Ed curriculum	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Nutrition Promotion				
Foster sound relationship between sound nutrition, Physical activity & capacity of students to develop & learn	X			
Support & Promote sound nutrition for students	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Physical Activity				
Support & Promote an active lifestyle	X			
PE taught in all grades	X			
All students required to engage in daily PE course	X			

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
Other School-Based Wellness Activities				
Promote nutritious food and beverage choices at school	X			

Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

- [Alliance for a Healthier Generation's Model Wellness Policy](#)
- [Rudd Center's WellSAT 3.0](#)
- Other: _____

1. What strengths does your current Local Wellness Policy possess?

- Implementation, Evaluation, and Communication, Nutrition Standards for Competitive Foods & Beverages, Nutrition Education, Standards for USDA Child Nutrition Programs and School Meals
- Rudd Center's Well SAT scores are calculated for comprehensiveness and strength.

Comprehensive score reflects the extent to which recommended best practices are included in the policy. JSD117 Comprehensive Score: 89
Strength score reflects how strongly the policy items are stated. JSD117 Strength Score: 31
Scores range from 0 to 100

2. What improvements could be made to your Local Wellness Policy?

- Standards for All Foods/Beverages Provided, but not Sold – All District 117 Elementary Handbooks discuss Treats & Snacks strongly encouraging selection of treats/snacks with nutritional value. The Food Service Department webpage lists healthy options for classroom treats/snacks.
- Free drinking water is available during meals is available to students but not mentioned in policy.
- Address marketing (exterior of vending machines, signs, scoreboards, etc) and marketing through fundraisers

3. List any next steps that can be taken to make the changes discussed above.

- Consider adding language regulating foods and beverages served at Elementary schools addressing Treats/Snacks/Classroom Parties and address for not being used as a reward to the wellness policy.
- Consider adding statement to wellness policy regarding availability of free drinking water during meals.
- Continue strategies to promote sound nutrition implemented SY18-19 in conjunction with UofI Extension Smarter Lunchroom-fruit basket at HS, seasoning stations, creative menu names, etc
- Consider adding language about Food Service staff professional development in accordance with USDA Profession Standards